

Children's Sports

By: Ryan

Introduction

Do you remember your favorite childhood memory? Was it when you were playing a sport or game? Imagine if you couldn't play sports or be active, then you wouldn't have that memory. I bet you loved sports as a child. Did you know that some children can't play sports at a young age because they don't have a home and money.

I feel that every child deserves to play sports. This topic is important because if you are not active then it will stop you from getting fit. Being fit is part of being healthy, and if you are not healthy, it makes life more difficult.

Playing sport gives children discipline and teamwork, which are two important things. Did you know that youth sports are almost as important as their education? Normally kids are supposed to start playing competitive sports at the age of 13. I think everyone should play team sports, no matter what age you are. Being inactive is a big problem across the world, however, it can be fixed in many different ways. I think most people don't find this topic important, but it really is. Youth sports are now a lot more expensive than it used to be, so it is hard for underprivileged children to play. There are lots of organizations to donate to and to help. You can also fundraise by selling things, than donating the money to organizations. These kids only get to play sports during PE in school. This problem can be fixed with your help.

Explain the Issue

Youth sports helps children live a fun and enjoyable life. Without sports, children don't really have anything active to do during the day. Normally, they may sit around doing nothing. Their parents probably can't afford to pay for their child to play sports to play sports. Sport is important for health, fitness and strength. These kids also tend to be more

fit and make better dietary choices. Did you know that 40% of America lives in poverty and many are kids. Organizations bring children to camps in the summer to play sports. Many people don't think youth sports is an issue. Please consider informing people in your class, friends or people you work with about this problem. I feel that every child should be able to play sports no matter how much money they have. Without your help, children can be active during the day.

Youth sports affect children locally and globally. There are lots of kids in New York that are affected by this, and can't play sports. Youth sports affects kids all over the world in many different countries and should be fixed.

Current events

Kids don't have access to sports because their parents either don't have enough money, or because of their gender. Did you know that in Canada, one in every three children's parents don't have enough money for their children to play sports. It's not healthy for kids can just stay at home and watch television. Most children are only active for about 35 minutes a day, but health specialists say that every child should go outside and be active for at least 60 minutes minimum every day.

Methods of change

There are lots of organizations trying to fix youth sports all over the world. "Travelers Worldwide" is an organization where you can coach kids all around the world how to play sports for a week. An organization that is helping kids play sports locally is "City of Los Alamitos". Kids go to their camps and they host sports tournaments for kids who can't play.

More people need to participate in this. This is as important an issue as homelessness, as kids are our future.

Call for Action

We can all help by donating time, money and sports equipment to these organizations. Sports is big for youth and I hope this has inspired

you to help these kids. These are some organizations to help these kids below.

Futuro es hoy Future is today	Bring kids from slums in Venezuela and take them to their sports camps for a week in the summer.	http://www.futuroeshoy.org/
Travellers worldwide	Bring kids from the street, take them to camps and get coached by professional coaches.	http://www.travellersworldwide.com/
City of Los Alamitos	Bring poor kids to sports camps locally.	http://cityoflosalamitos.org/recreation/
National alliance for youth sports	Kids have to come to the bus, than they take them to sports camps for a day, than bring them back on the bus	http://www.nays.org/

I plan to raise money and donate to sports organizations, or create an organization. You can also volunteer at one of the organizations that are helping the most. If you help, this issue can be solved.

Conclusion

I hope this report has taught you a little something about youth sports, and how you can end this issue. If you didn't think this was a big issue, well now you know how important it is. You should know that you

are very lucky, and that some kids don't have what you have. Please consider helping these kids after reading this report.

Bibliography

<http://www.futuroeshoy.org/>

<http://www.travellersworldwide.com/>

<http://cityoflosalamitos.org/recreation/>

<http://www.nays.org/>
